

the RemediPulse

PRESCRIPTION
FOR SUCCESS:
Recap of Rx CARE
INSIGHTS



A CLINICAL AND REGULATORY UPDATE FROM REMEDI SENIORCARE

2024 VOLUME 1

Rx CARE INSIGHTS:

Education to elevate your pharmacy experience

with Erin Donatelli, PharmD, BCGP, FASCP
Vice President of Clinical and Consulting Services

Remedi's new clinical education series, **Rx Care Insights**, has been well-received since its launch in September 2023.

Hosted by consulting and clinical leaders, Erin Donatelli, PharmD, BCGP, FASCP, and Sarah Griffie, PharmD, BCGP, these short yet informative sessions provide insights and perspectives on the latest clinical and regulatory information, with a focus on the impact of F-tag citations.

Read on in this issue for a recap of the content shared in the inaugural webinars. Be sure to save the upcoming dates and join us for the 2024 sessions of Rx Care Insights!

Hosted by:



Erin Donatelli
PharmD, BCGP, FASCP
VP of Clinical & Consulting Services



Sarah Griffie, PharmD, BCGP
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Please do not hesitate to contact your
Remedi Consultant Pharmacist or
Account Manager if you have any
questions or concerns.

IN THIS VOLUME

- Rx Care Insights Recap
- Superstar Nurse
- Monthly Education
- MyRemedi®
- Company Acquisition

F883

- Facility must develop policies and procedures to ensure that education is offered regarding benefits and potential side effects prior to immunization
- Opportunity to refuse immunization
- Medical record includes documentation regarding the education provided and whether or not vaccine was administered (if not administered due to medical contraindications or refusal)
- Influenza is offered annually October 1 through March 31 or as long as virus is circulating
- Pneumococcal vaccination can be deferred if resident is already immunized

INFLUENZA

- New for 23-24 Season: Those with an egg allergy may receive any flu vaccine that is age and health status appropriate. Severe and life-threatening reactions are rare, and vaccines should be administered in a setting that has rapid recognition and treatment for an acute hypersensitivity reaction
- Adults under the age of 65, no preferential recommendation is made for one vaccine product
- Adults \geq 65 years, ACIP recommends preferentially higher dose or an adjuvanted vaccine
- Treatment and prophylaxis products available, Oseltamivir (Tamiflu) preferred, considerations include dosage modification for renal impairment

PNEUMOCOCCAL

- Geriatric population at higher risk due to age and multiple comorbidities
- Two new vaccines recently on the market (Pevnar 20 and Vaxneuvance)
- Remedi SeniorCare's [Quick Reference Guide](#) available for pneumococcal vaccine timing

ADDITIONAL DETAILS

- The CDC recommends adults should get one dose of the updated 2023 - 2024 COVID-19 vaccine.
- RSV vaccine is approved for individuals aged 60 years and older through shared clinical decision-making.

Episode 2: October 2023
F758 Psychotropic Medications

Updated Psychotropic Drug Definition

- “Drug that affects brain activities associated with mental processes and behaviors”
- Antipsychotics, Antidepressants, Anxiolytics, Hypnotics
- All psychotropic drugs held to the same standards
- Gradual Dose Reductions & Behavioral Interventions

PRN Psychotropic Drugs

- PRN orders for psychotropic drugs are limited to 14 days*
 - Includes: Antidepressants, Anxiolytics, Hypnotics
- *To extend a PRN order, the prescriber must:
- Document rationale in the medical record
 - Indicate the duration for the PRN order

PRN Antipsychotics

- PRN antipsychotic orders are limited to 14 days without exceptions
- Can only be renewed if the prescriber evaluates the resident for appropriate need of that medication
- After the evaluation, a new order could be written for another 14 days

KEY TAKEAWAYS

- October 2022: CMS updated regulations to include Non-Traditional Psychotropic (NTP) medications
- NTP medications are drugs used for a psychotropic indication but not in the standard psychotropic classes
- Schizophrenia Focused Audits: focus on the diagnosis made after admission, facility to provide documentation on the comprehensive assessment done by the prescriber, including behavior documentation, history of condition, and how resident is currently presenting

RESOURCES

- MyRemedi® Psychotropic Dashboard
- Remedi SeniorCare Quick Reference Guide for MDS: Section N High-Risk Drug Classes

Episode 3: November 2023

F761 Labeling and Storage of Biologicals and Medications

F761

- All drugs and biologicals have appropriate expiration/date opened labels
- Store medications in locked compartments, CII-CV medications are locked in a separate, permanently affixed compartment
- Collaboration with pharmacy services in periodic audits
- Review findings routinely and identify action plan to correct

KEY TAKEAWAYS

- Medication Cart and all ancillary tools clean inside and out, no pre-pouring or personal (staff or resident) allowed, watch for any loose pills and dispose of properly
- Remove and destroy in a timely manner any unused, expired, or discontinued medications
- Only authorized nursing staff have access to medication storage areas
- Monitor refrigerators according to facility policy (36° - 46° F)
- Monitor closely medications that have accelerated expiration dates (i.e. insulins, inhalers)

RESOURCES

- Medications with Shortened Expiration Dates Quick Reference Guide *Updated 2023*
- Access to Clinical Pharmacology through MyRemedi®
- Medication storage audit assistance with Consultant Pharmacist/Account Manager

JOIN US ON THE SECOND WEDNESDAY OF
EACH MONTH FOR Rx CARE INSIGHTS!



**SAVE THE
DATE**

- March 13
- April 10
- May 8
- June 12

Pharmacist Must Report Irregularities to:

- Attending Physician
- Director of Nursing
- Medical Director
- Report must include the resident's name, relevant drug, and irregularity

Response to Pharmacist Reports

- Attending Physician must document in the medical record:
 - Irregularity has been reviewed
 - Action that has been taken to address irregularity
 - If no changes, document the rationale in the medical record

P&P For Drug Regimen Review

- Facility must develop and maintain policies and procedures for the monthly drug regimen review
- Policy must identify timeframes for different steps in the process
- Identify steps the pharmacist must take when an irregularity is identified and requires urgent action

KEY TAKEAWAYS

- Facility Policy and Procedures should also address reviews for residents who have had a change in condition or are anticipated to stay less than 30 days
- Consultant review of drug regimen includes a comprehensive evaluation of many elements including unnecessary drugs, allergies, drug indication, dose/duration appropriate, interactions, therapeutic duplication, drug monitoring, efficacy, and side effects
- Documentation of drug regimen in the electronic health record (preferred) or on the chronological record of drug regimen review form
- Consultant Pharmacist verifies and provides reports on prescriber response rates

RESOURCES

- Consultant Pharmacist Reports are available in the Resource Section on [MyRemedi®](#)
- Securely sent to the Director of Nursing every month

Remedi Superstar Nurse



We received a record number of Superstar Nurse nominations for this edition of The Pulse. Thank you to everyone who took the time to recognize and share the contributions of each nominee. What an outpouring of support and admiration for the excellence in nursing!

Be on the lookout as we begin featuring a Superstar Nurse monthly on our social media platforms!



CONGRATULATIONS TO SUPERSTAR NURSE, DONNA CLUESMAN!

CONGRATULATIONS to Donna Cluesman, RN Supervisor at Lee Health and Rehab Center in Pennington Gap, Virginia for being chosen as the Remedi Superstar Nurse. Donna's DON, Tracy Brewer, RN, submitted her nomination. Per Tracy, "Donna has been a nurse for 39 years and an RN supervisor for 10 years at our facility. During this time, she has mentored all nursing staff and helped increase their nursing skill set. Donna is a true asset to our facility. She is an amazing example of leadership and embodies what an excellent person, employee, and nurse should be. Staff seek out her guidance and nursing knowledge frequently. Donna reschedules her assigned shift to accommodate vacancies and picks up extra shifts often. We are truly honored and grateful that she is a part of our team!"

NOMINATE A FUTURE REMEDI NURSE SUPERSTAR!
Please email your submission to Rebecca Ogden
at rebecca.ogden@remedirx.com



Monthly EDUCATION!



Designed for new users, these 30-minute sessions will provide a basic overview of the clinical and financial highlights of MyRemedi. A quick, yet thorough introduction to its features and benefits.

Three sessions are held each month:

First Wednesday

- Intro and overview

Third Wednesday

- Financial overview
- Feature Spotlight training

Hosted by:



Linda Popella
Account Services Training Coordinator

Contact your Account Manager or Consultant Pharmacist for more information and to be added to the invite list!

SAVE A PHONE CALL OR EMAIL!

VISIT THE [MYREMEDI WEB PORTAL](#) FOR HELPFUL TOOLS & RESOURCES.

- Drug price quote tool
- Vaccine information
- Invoice approvals
- Pharmacy policies and procedures

AND MUCH MORE!



Available 24/7/365 with personalized login for select roles. Contact your Account Manager for access.



Clinical
resources
right at your
fingertips!

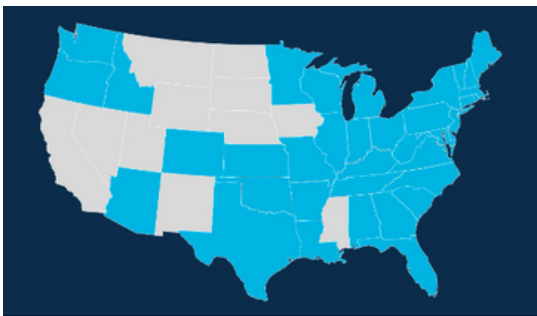
Exciting News: Remedi SeniorCare has a new partner!

We are pleased to share some exciting news that will have a positive impact on our pharmacy services partnership with your team.

Clarest Health, a portfolio company of Sverica Capital and a leading provider of personalized medication management, has successfully finalized an agreement to acquire Remedi SeniorCare. This acquisition brings together two long-standing innovators in medication management and pharmacy services throughout the United States. Joining as a division of Clarest Health will allow Remedi SeniorCare to build on our unmatched foundation of innovation, enabling us to have an even more meaningful impact for both customers and residents.

Our organizations are closely aligned in our mutual vision of embracing technology to provide pharmacy services and solutions in a way that focuses on the resident experience and improving their healthcare outcomes. This partnership will fuel Remedi's long-term care pharmacy growth and expansion of our services. Incorporating Clarest Health's capabilities in at-home medication management and data analytics will allow us to reach and serve more people along the continuum of care. We are optimistic about continuing to do what Remedi is known for – being a technology-enabled pharmacy with the highest dedication to our relationships with our long-term care customers.

Thank you for the opportunity to serve you and your residents. We look forward to continuing our pharmacy services partnership and building on our relationship.



📅 January 8, 2024

Exciting News: Clarest Health Acquires Remedi SeniorCare



CLICK HERE FOR MORE INFO!